

DIRECTIONS



Meet Point: MFCDC Park Avenue Pocket Park (2925 N Park Ave)

1. From the front of the park, head left (south) along Park Ave to 29th St.
2. Turn left (east) on 29th St to Broadway St.
3. Turn left (north) on Broadway to 30th St.
4. Turn left (west) on 30th St and continue back to Park Ave.
5. Cross 30th at Park and go right (north) on Park Ave one block to 31st St.
6. Turn left (west) on 31st and continue to Central Ave (crossing Ruckle St).
7. Go left (south) on Central Ave back down to 30th St.
8. Turn left (east) on 30th and walk to Ruckle St.
9. Turn left (north) on Ruckle and enter the MFCDC Ruckle Pocket Park
10. Walk east towards the far end of the park—a walkway takes you to Park Ave.
11. Turn right (south) and take Park Ave. back to the place of beginning.

NOTABLE SITES

A) Broadway United Methodist Church—across 29th street is “Broadway UMC.” Founded in 1873 as “Pattison M.E. Church” this is the third location of the church in Indianapolis. The existing building was designed by Herbert Foltz (an Indianapolis native and 1886 graduate of Rose Hulman). Construction began in 1925 with the first service held in 1927. The church structures are built primarily of Indiana limestone (as are many government buildings in Washington D.C.). The bell tower reaches 112 feet.

B) Urban Patch Permaculture Demonstration Garden—Permaculture is the development of agricultural ecosystems intended to be sustainable and self-sufficient. This is an educational garden to be used as a learning tool for growing healthy food. Area residents and visitors to the space are welcome to pick from the (native) fruit trees and bushes, and herb and vegetable gardens. As it matures, the garden will provide a more naturalized and informal setting while also providing for food and beautification in the community. (See urbanpath.org for more information)

C) Fall Creek Gardens—A community garden and “Urban Growers Resource Center” the property contains an orchard at the northern end, with trees donated by Keep Indianapolis Beautiful (KIB), the “Stone Soup Kitchen Garden” which promotes hands-on learning in backyard gardening (and donates a portion of the harvest to the Mid-North Food Pantry), and an area where neighbors can establish their own plots here for a nominal fee. Rain water is harvested on-site using rain barrels, a cistern, and a rain garden. The patio is a communal meeting space and is open dawn to dusk. (See fallcreekgardens.org for more information.)

D) MFCDC Ruckle Street Pocket Park—This is one of three pocket parks owned by the Mapleton Fall Creek Development Corporation (MFCDC) and is the most highly developed of the three (the Park Ave Pocket Park that is the start/end of this walk is another). Working with Indianapolis Power & Light (IPL) and Keep Indianapolis Beautiful (KIB), three vacant lots were transformed into a linear green space that spans from Central Avenue to Park Avenue. The stone park benches utilize re-purposed limestone curbing altered to accommodate cypress wood seating. (See mfcdc.org for more information.)

Walking is a fun, low-impact way to exercise, but please note that all participants on Walk Urban Indy walks agree to participate at their own risk.

Mapleton Fall Creek 1a — Identified as a neighborhood in the 1960's, Mapleton Fall Creek is bounded by Fall Creek on the south and east and named for the town of Mapleton, an 1800's farming village located at what is now 38th/Illinois. A number of smaller neighborhoods have since been defined within the original boundaries. This 1-mi route takes you through a southern section of the neighborhood. The area of the walk has seen a great deal of revitalization in recent years through the efforts of the Mapleton Fall Creek Development Corporation (MFCDC)



About Walk Urban Indy

WUI (pronounced woo-y) promotes the healthy enjoyment of walking in the urban neighborhoods of Indianapolis.

It's healthy, social, educational, environmental, enlightening, vigilant, and multi-generational.

*Urban walks
Along the streets where we live,
With the people who are our
neighbors,
Improving our health,
While focusing on the world around us.*

Walk Urban Indy is a registered business in the State of Indiana and we are actively pursuing 501(c)(3) status. Tax deductible donations can be made through our fiscal agent, the Indianapolis Neighborhood Resource Center (INRC).

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**Walk Urban Indy
Pocket Guide**

**Mapleton
Fall Creek
Route 1a
(MFC-1a)**



Walk Urban Indy invites you to

*Come find your feet
in an
Indianapolis neighborhood!*

TIME is the number one barrier that people list as to why they don't exercise.

Challenge Accepted.

Walking has been proven to be one of the most *popular* and *effective* prescriptions for both mental and physical well-being. Walking is also one of the simplest and least expensive ways to exercise!

So how do we make walking time-friendly in this busy world?

We cut out the middle step— we stop driving to exercise. All it takes is for us to open our front door and our walking lifestyle begins.

Walk Urban Indy's goal is to establish walk-routes varying from 1 to 3 miles in every urban neighborhood in Indianapolis.

While we are at it, we are going to provide you with a bit of information about your neighborhood - some interesting facts, sites, and history.

You chose your neighborhood for a reason—so let's get out and enjoy it!

Meet Up with us on Meetup.com!

Walk Urban Indy encourages you to grab your neighbors and establish a walking routine in your neighborhood. However, you are also welcome to join us on a led-walk— sign up for a *free* MeetUp.com account and join the **Walk Urban Indy** group.

Email: info@walkurbanindy.org

www.walkurbanindy.org

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